



# Body Image: Understanding Body Dissatisfaction in Men, Women and Children

*Sarah Grogan*

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*Body Image: Understanding Body Dissatisfaction in Men, Women and Children* presents a review of what is presently known and the results of some new research on body image. It compares the effects of gender, sexuality, social class, age and ethnicity on satisfaction with the way we look and suggests how these differences arise. Why, for instance, are heterosexual men much happier with their body images than women or gay men?

Sarah Grogan discusses the effect of media presentation of the ideal body and other cultural influences. Surprisingly, despite the almost exclusive media preference for very young female bodies, she finds that older women are not less satisfied with their bodies than younger women.

Written for readers from a variety of disciplines, this clear and eclectic book will make the ideal text for students from psychology, sociology, gender and media studies.



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