



# Behavior Change in the Human Services: An Introduction to Principles and Applications

*Martin S. Sundel, Sandra S. (Stone) Sundel*

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**Behavior Change in the Human Services: An Introduction to Principles and Applications** Martin S. Sundel, Sandra S. (Stone) Sundel

This book introduces and overviews behavior change principles and their applications to a wide range of problems and situations.

Designed for practitioners and students in the social service professions, the book uses a problem-solving framework to facilitate the application of behavior change principles to actual situations. The book continues in the spirit of the first three editions, building on the strength of the previous editions and containing new features.



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