



Your New Pregnancy Bible: The Experts' Guide to Pregnancy and Early Parenthood

Anne Deans

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Recognised by women and their caregivers as simply the best pregnancy guide available, this latest edition of *Your Pregnancy Bible* has been updated to take account of recent changes in antenatal and newborn care and to provide more comprehensive discussion of caesarean deliveries.

Given a fresh design, it still contains special fold-out sections on each of the trimesters and the birth process; week-by-week images of the developing baby; in-depth chapters dealing with all aspects of antenatal care, labour preparation, delivery experiences and care of the newborn; comprehensive reference sections on medical treatments and procedures in both pregnancy and the postnatal period and an extensive glossary of ante- and neonatal terminology.

Written by a team of eminent specialists under the direction of a leading UK obstetrician, *Your New Pregnancy Bible* is filled with everything prospective parents need to know about creating the optimum environment for a developing baby and safeguarding the health and wellbeing of the mother.



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