



## Scammed: 3 Steps to Help Your Elder Parent and Yourself

*Art Maines*

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One in every five Americans over 65 falls prey to scammers, creating financial devastation, shame, and heartbreak. When author Art Maines's beloved stepfather, Bill, was cheated out of thousands of dollars, Art went on a crusade to help other families guard against this tragic crime. In *Scammed!*, Art provides a three-step scam prevention and recovery program based on his training as a therapist and his extensive research. Suitable for seniors or children of elderly parents, *Scammed!* will help you:

- Understand the most common types of scams
- Learn the psychological ploys used by scammers so that you can spot a scammer immediately
- Create a scam prevention plan
- Recover from a scam with your dignity intact
- Use the resources in your community if you suspect a scam

“An excellent guide to helping your parent avoid predators” ~ N. Kortner Nygard, Ph.D., Geriatric Psychologist “A wealth of advice to help heal the emotional and physical aftermath of scams” ~ Jennifer L. Abel, Ph.D., author of *Active Relaxation* “A simple breakdown of scams that target the elderly with a battle plan to protect and prevent” ~ Detective Joe Roubicek, author of *Financial Abuse of the Elderly: A Detective's Case Files of Exploitation Crimes* “This is an important book for anyone with elderly parents.” ~ Gregory W. Lester, Ph.D. Art Maines, LCSW, is a mental health professional in private practice, a speaker, and an expert in elderly fraud recovery. He earned his Master's Degree in social work from Washington University in St. Louis, MO. Art and his stepfather, Bill, live in St. Louis Missouri, where he is an avid cyclist and champion for helping others.



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