



## Christmas Traditions: Facts and Fallacies

*Tim Gilroy*

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**Are you enjoying the Christmas Season as much as you would like to, or does the thought of Christmas leave you feeling drained of energy and dreading the extra financial expense?** If you're like many people, you remember times when the holiday meant happiness and excitement. You had always looked forward to it.

There is a way to get that feeling back! You may simply need to get back to the basics and understand why we do the things we do during the Christmas holiday. Of course it's about the birth of Jesus, but *there is so much more that you may be missing out on*. Learning about how traditions began could be the key to helping you truly enjoy this very special holiday season.

**It's time for you to enjoy and treasure every Christmas from now on!** This includes everything about Christmas. The Christmas Tree... Hanging Stockings... The Christ Child... Christmas Cards... Caroling... Santa Claus... Gift Giving... The Yule Log... Wise Men (Magi)... A Moving Star... Poinsettias... Reindeer.

Most of our American traditions have only existed within the last few centuries. Plus they've not always been something done only during the Noel season. **The real reasons behind our Christmas holiday have been lost over the years within the myths and fantasy stories of our modern world.** For example, the Santa Claus of today is based on a very real person who lived during the 4th century. There are many reasons behind what we do during Christmas and some of them may totally surprise you!

You will discover why certain Christmas traditions are performed every year and what part of the world they come from. Many of the traditions we observe today did not originate in America. In fact, most of our more common traditions at Christmastime began in Germany long ago. Another fact is that Christmas almost didn't exist in America! What??!! Yep, it's true. Some of the earliest "Powers That Be" did not believe in the holiday because of some of the non-Christian origins.

You will soon know exactly where it all began and why we celebrate the Christmas holiday the way we do today as a result of our past. This is a warmly written summery of some of the reasons behind a few of the Christmas traditions observed during this special time of year. **Included are several unique family Christmas recipes to enjoy as well as many tradition ideas you may not have thought of.** So grab a cup of your favorite holiday beverage and prepare yourself to have a more meaningful Christmas this season!

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Spent a free time and energy to be fun activity to try and do! A lot of people spent their leisure time with their family, or their own friends. Usually they undertaking activity like watching television, going to beach, or picnic inside the park. They actually doing same thing every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? Might be reading a book could be option to fill your cost-free time/ holiday. The first thing that you ask may be what kinds of publication that you should read. If you want to test look for book, may be the guide untitled Christmas Traditions: Facts and Fallacies can be great book to read. May be it may be best activity to you.

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