



# The Better Life: Small Things You Can Do Right Where You Are

*Claire Diaz-Ortiz*

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## **The Better Life: Small Things You Can Do Right Where You Are** Claire Diaz-Ortiz

### **Little Ways to Be You at Your Best, Right Where You Are**

From the can-do entrepreneur Claire Diaz-Ortiz comes *The Better Life*, a motivational memoir about how little changes make all the difference.

In winsome style, Claire coaches readers with vignettes from her uncommon life. A top-level Twitter employee, world traveler, author, non-profit founder, and mom, Claire tries to make the most of every moment. In *The Better Life*, she shares action steps and reflections on balance, productivity, self-care, and other essentials for rocking it at life every day.

Take some advice from Claire: Say yes. Say no. Quit something. Take your mornings seriously. Make your weekends count. Write more. Worry less. Travel. Pray. Pause. Rest. Know your limits. Do Hatchi Patchi. Don't beat yourself up. Be still. Be thankful. Be you, but your best.

Read this book, and start living the better life you've been meaning to.

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The experience that you get from The Better Life: Small Things You Can Do Right Where You Are is a more deep you excavating the information that hide inside the words the more you get considering reading it. It does not mean that this book is hard to comprehend but The Better Life: Small Things You Can Do Right Where You Are giving you thrill feeling of reading. The article writer conveys their point in selected way that can be understood simply by anyone who read the item because the author of this e-book is well-known enough. This specific book also makes your own personal vocabulary increase well. So it is easy to understand then can go together with you, both in printed or e-book style are available. We propose you for having this specific The Better Life: Small Things You Can Do Right Where You Are instantly.

**Lidia Mejia:**

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**Sandra Mendoza:**

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