



# Coming Apart: Why Relationships End and How to Live Through the Ending of Yours

*Daphne Rose Kingma*

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Do you fight too much? Are your differences irreconcilable? Are you bored? Are you emotionally distant. Some relationships shouldn't be saved. Sometimes breaking up is the right path to take. COMING APART eases the pain and takes the guilt out of breaking up. Learn how easy it is to take the next step in your personal development with this wise, reassuring guide. In this "bible for break-ups," Daphne Rose Kingma has helped thousands of people deal with the often shocking and always heartbreaking end of a relationship. The new edition of this book, which launched both the author and Conari Press, contains invaluable insights from 25 years of counseling. Gently and wisely, Kingma encourages people to understand why the relationship ended in order to apply these lessons to the next real and lasting love. Coming Apart offers an in-depth look at why we choose people who are wrong for us and how to avoid repeating bad choices.



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