



The Skin Type Solution: A Revolutionary Guide to Your Best Skin Ever

Leslie Baumann

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REVISED AND UPDATED

FORGET EVERYTHING YOU THOUGHT YOU KNEW ABOUT WHAT'S GOOD FOR YOUR SKIN—AND LEARN THE TRUTH.

Take the simple questionnaire inside this book and within minutes discover which of the sixteen unique skin types describes your skin, which ingredients to avoid, the skin care brands that are right for you, and your new time- and money-saving regimen. In this revised edition of her classic bestseller, world-renowned Miami Beach dermatologist and researcher Dr. Leslie Baumann helps you shop for the optimal skin care products. She provides detailed lists of recommended products suited to every skin type and budget. Inside you'll find

- your personal skin type profile detailing exactly what will work—and what won't—for your unique complexion
- the newest products for healthy, radiant skin—cleansers, moisturizers, toners, sun blocks, foundations, and more
- tips on preventing skin aging and “problem” skin
- vital information on the new world of prescription products, facials, chemical peels, Retin-A, Botox, and Restylane injections

Now you can look like a million bucks without spending a fortune. This book is almost as good as having Dr. Baumann give you a personal consultation!

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