



Refuse to Choose!: Use All of Your Interests, Passions, and Hobbies to Create the Life and Career of Your Dreams

Barbara Sher

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Don't know what to do with your life? Drawn to so many things that you can't choose just one? *New York Times* best-selling author Barbara Sher has the answer?do EVERYTHING!

With her popular career counseling sessions, motivational speeches, workshops, and television specials, Barbara Sher has become famous for her extraordinary ability to help people define and achieve their goals. What Sher has discovered is that some individuals simply cannot, and should not, decide on a single path; they are genetically wired to pursue many areas. Sher calls them "Scanners"?people whose unique type of mind does not zero in on a single interest but rather scans the horizon, eager to explore everything they see.

In this groundbreaking book, readers will learn:

- what's behind their "hit and run" obsessions
- when (and how) to finish what they start
- how to do everything they love
- what type of Scanner they are (and which tools they need to do their very best work)



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