



Psychotherapy for Borderline Personality Disorder: Mentalization Based Treatment (Oxford Medical Publications)

Anthony Bateman, Peter Fonagy

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Borderline Personality Disorder (B.P.D.) is a severe personality dysfunction thought to affect some 2% of the population. The authors of this volume - Anthony Bateman and Peter Fonagy - have developed a psychoanalytically oriented treatment for B.P.D. known as mentalization treatment. With randomised controlled trials having shown this method to be effective, this book presents the first account of this treatment for B.P.D. .

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