



Psychological Trauma and Addiction Treatment (Journal of Chemical Dependency Treatment)

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Important reading for current and future addictions treatment clinicians—this book synthesizes and integrates the expanding body of knowledge about combined trauma/addiction treatment to specifically address the needs of clinicians in addiction treatment environments

Here, in a single source, is an essential overview of trauma treatment for people in addiction treatment settings. Psychological Trauma and Addiction Treatment presents specific methodologies and techniques for clients in inpatient and outpatient addiction/mental health settings. The contributors—leading clinicians and researchers in the field—provide a comprehensive set of scientific treatment approaches addressing a broad spectrum of trauma disorders.

Psychological Trauma and Addiction Treatment brings you up-to-date, authoritative coverage of:

- the dynamics of co-occurring psychological trauma and addiction
- all of the primary treatment frameworks currently utilized in trauma treatment
- treatment frameworks that take gender into account
- cognitive therapies in treating these co-occurring disorders
- the role of psychodynamic psychotherapies in treatment
- attachment disorders and their relation to trauma and addiction treatment
- EMDR as a treatment for traumatized addicts
- the psychoneurology of trauma and the implications of psychoneurology in addictions and trauma treatment
- how self-help groups can contribute to and limit recovery for psychologically traumatized clients
- forgiveness therapy as an adjunct to trauma treatment
- counselor self-care for those who work with this client population

Ultimately, this is a book of hope. Every author in this text has a firm belief that people with co-occurring trauma and addiction *can* recover, *can* maintain quality relationships, *can* confront life's challenges as they arise, and *can* be happy and fulfilled. Psychological Trauma and Addiction Treatment is designed as essential reading for entry-level and experienced addiction counselors, social workers, professional counselors, psychologists, and others working in the trauma treatment field.

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