



# Joint Range of Motion and Muscle Length Testing, 2e

*William D. Bandy PhD PT SCS ATC, Nancy Berryman Reese PhD PT*

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Learn the best ways to accurately measure range of motion and muscle length with this thoroughly updated new edition. Logically organized and easy to follow, this practical text provides accurate and up-to-date information on norms for range of motion in all age groups, as well as the reliability and validity of each technique. The techniques detail measurement of both joint range of motion and muscle length testing of the spine and extremities using the goniometer, the inclinometer, and the tape measure. An effective combination of instructions, illustrations, and layout for each technique allows you to easily understand and follow the information provided. In addition, a new DVD demonstrates each measurement technique contained in the book!

- Each chapter uses the same format for each technique, allowing you to quickly and easily identify the information you need.
- Hundreds of photos and illustrations clearly depict the various techniques and landmarks.
- Evidence-based information throughout includes the latest data on ROM normative values and reliability /validity studies.
- Figures have easy-to-find dots that serve as anatomical markers, providing a fast visual reference for exactly where to place the measuring device.
- Complete coverage of the tape measure, goniometer, and inclinometer prepare you to use any tool in the clinical setting.
- The companion DVD contains video clips demonstrating over 100 measurement techniques.
- A new chapter on infants and children covers specific techniques used in measuring range of motion in children, with a particular emphasis on the measurement of joint motion in infants.
- 70 new line drawings help you align the goniometer or other tools accurately.
- Increased coverage of techniques for measuring the motions of the extremities using the inclinometer.
- Reorganized and updated information in each chapter incorporates the latest references and testing techniques, and includes descriptions of the arthrokinematics and functional range-of-motion requirements for each joint.

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The reason? Because this Joint Range of Motion and Muscle Length Testing, 2e is an unordinary book that the inside of the book waiting for you to snap that but latter it will shock you with the secret that inside. Reading this book alongside it was fantastic author who write the book in such amazing way makes the content inside of easier to understand, entertaining technique but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this anymore or you going to regret it. This book will give you a lot of positive aspects than the other book get such as help improving your expertise and your critical thinking approach. So , still want to hesitate having that book? If I have been you I will go to the guide store hurriedly.

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