



# Arnold Schwarzenegger: 23 Life-Transforming Lessons We Can Learn From Arnold Schwarzenegger (Arnold Schwarzenegger, Arnold Schwarzenegger Bodybuilding, Natural Bodybuilding)

*Joshua Wilson*

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## **Arnold Schwarzenegger**

### **23 Life-Transforming Lessons We Can Learn From Arnold Schwarzenegger**

The world's most famous Austrian carries an unforgettable name that was once believed to be beyond the English-speaking world's ability to pronounce! He is Arnold Schwarzenegger: successful entrepreneur; the most influential bodybuilding champion of all time; one of Hollywood's all-time highest earners that defined action cinema for an entire generation; and former Governor of the largest of the United States of America. The incredible success story that is Arnold Schwarzenegger is essentially an enactment of a certain code for success that the man himself laid out in a motivational speech for young entrepreneurs.

#### **You will learn after reading this book to:**

- Trust yourself
- Break the rules
- Don't be afraid to fail
- Don't listen to the naysayers
- Work your butt off
- Give back

This book will break down this formula for success to offer 23 essential lessons we can learn from Arnold Schwarzenegger. Whether you love him or hate him, there is no denying his exceptional success story, and by following his shining example you could bring more success into your life in any endeavor you set out on. Bring out your inner Arnold...you'll be glad that you did!



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