



The Adult Psychotherapy Progress Notes Planner

Arthur E. Jongsma Jr., David J. Berghuis

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Save hours of time-consuming paperwork with the bestselling treatment planning system

The Adult Psychotherapy Progress Notes Planner, Fifth Edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in *The Complete Adult Psychotherapy Treatment Planner, Fifth Edition*. The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation.

- Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized progress notes
- Organized around 43 behaviorally based presenting problems, including depression, intimate relationship conflicts, chronic pain, anxiety, substance abuse, borderline personality, and more
- Features over 1,000 prewritten progress notes (summarizing patient presentation, themes of session, and treatment delivered)
- Provides an array of treatment approaches that correspond with the behavioral problems and DSM-5™ diagnostic categories in *The Complete Adult Psychotherapy Treatment Planner, Fifth Edition*
- Offers sample progress notes that conform to the requirements of most third-party payors and accrediting agencies, including CARF, The Joint Commission (TJC), COA, and the NCQA
- Identifies the latest evidence-based care treatments with treatment language following specific guidelines set by managed care and accrediting agencies

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