



Teaching Your Children to Tell Themselves the Truth

William D. Backus, Candace Backus

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Making a difference in a child's life that will last for a lifetime!

Parents are aware that the emotional ups and downs in their child's life happen because of the way that child thinks. Wrong thinking produces wrong emotions, wrong reactions, wrong behavior and unhappiness! And learning to understand and redirect these thoughts is the first step on the way to healthy thinking and living.

But how do parents help their children survive today's cultural chaos of relative values? How can a child be taught to cut to the heart of every matter and find the core of truth in what they hear, what they feel, and what they observe? How do they discover the truth about themselves, about others, about life that leads to healthy thinking?

Based on the Bible, authors William and Candace Backus provide parents with a simple, easy-to-follow, sequenced plan to help their children learn to:

Stop and listen to what they say and believe.

Tell the truth about themselves.

Find the truth about causes.

Get in touch with truthful emotions.

Manage strong feelings.

Expose the lies that lead to uncontrolled anger.

Develop self-control with truthful self-talk.

Solve problems with the truth.

What greater gift could parents give their children than truth thinking!

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Daniel Buch:

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