



# Handbook of Counseling Psychology

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# Handbook of Counseling Psychology

## Handbook of Counseling Psychology

The bestselling reference on counseling psychology in clinical and educational settings Following on the success of the previous editions, this updated and expanded Third Edition of the Handbook of Counseling Psychology provides a cross-disciplinary survey of the entire field and offers analysis of important areas of counseling psychology activity. The book elaborates on future directions for research, highlighting suggestions that may advance knowledge and stimulate further inquiry. And specific advice is presented from the literature in counseling psychology and related disciplines to help improve one's counseling practice. Based on the results of extensive surveys from leading scholars, this edition has been updated to reflect the field's current breadth and vigor. New and expanded coverage has been added on cultural issues, new scientific developments, and career and educational topics. Focus is placed on the latest state-of-the-art thinking and research on the developmental and counseling implications of gender, race, ethnicity, sexual orientation, social class, and culture. Plus, several new chapters have been added that reflect relatively new, reinvigorated, or substantially expanded areas of involvement by counseling psychologists. These topics include: Qualitative research methods Preventive interventions with school-age youth Promoting school-to-work transitions The process and outcome of group counseling The process and outcome of couples and family counseling The Handbook of Counseling Psychology contains chapters written by today's key figures in counseling psychology. Their work has helped this book become a leading resource of counseling psychologists who need to know the latest information on preventing and treating vocational, educational, and personal adjustment problems.

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