



# Native Wisdom for White Minds

*Anne Wilson Schaef*

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You don't have to be white to have a white mind.

What is a white mind? As Anne Wilson Schaef learned during her travels throughout the world among Native Peoples, anyone raised in modern Western society or by Western culture can have a white mind.

White minds are trapped in a closed system of thinking that sees life in black and white, either/or terms; they are hierarchical and mechanistic; they see nature as a force to be tamed and people as objects to be controlled with no regard for the future.

This worldview is not shared by most Native Peoples, and in this provocative book, Anne Wilson Schaef shares the richness poured out to her by Native Americans, Aborigines, Africans, Maoris, and others. In the words of Native Peoples themselves, we come to understand Native ideas about our earth, spirituality, family, work, loneliness, and change. For in every area of our lives we have the capacity to transcend our white minds--we simply need to listen with open hearts and open minds to other voices, other perceptions, other cultures.

Anne Wilson Schaef often heard Elders from a wide variety of Native Peoples say, "Our legends tell us that a time will come when our wisdom and way of living will be necessary to save the planet, and that time is now." Anyone ready to move from feeling separate to a profound sense of connectedness, from the personal to the global, will find the path in this mind-expanding, deeply spiritual book.

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Playing with family within a park, coming to see the sea world or hanging out with good friends is thing that usually you will have done when you have spare time, and then why you don't try point that really opposite from that. One activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition associated with. Even you love Native Wisdom for White Minds, you are able to enjoy both. It is fine combination right, you still desire to miss it? What kind of hang type is it? Oh come on its mind hangout folks. What? Still don't have it, oh come on its referred to as reading friends.

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