



# Breakfast at the Exit Cafe: Travels Through America

*Wayne Grady, Marilyn Simonds*

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## **Breakfast at the Exit Cafe: Travels Through America** Wayne Grady, Marilyn Simonds

What begins as a road trip through America soon becomes a journey of discovery into themselves and into the heart of the next-door neighbour they thought they knew. For **Wayne Grady**, the thrill of landscape and history is tempered by memories of racism and his own family roots. **Merilyn Simonds**, her ear tuned for the offbeat, finds curious echoes of the ex-pat promised land she grew up with. Together they travel against the tide of American history, following in the literary tire tracks of John Steinbeck, William Least Heat Moon, and Francis Trollope.

**Grady** and **Simonds** experience the splendors of the Mojave Desert, the Grand Canyon, the Mississippi River, and the bayou's of Louisiana and the Outer Banks and contemplate the impact of geography on culture and of culture on landscape. They observe America from the outside, yet feel strangely at home.

Part travelogue, part exploration, part mid-winter love story told with wit and acuity by one of Canada's most engaging literary couples, *Breakfast at the Exit Cafe* is a journey into the reality behind the cultural myth that is America.

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