



# **The Paleo Smoothie Recipe Book: 50 EASY Smoothie Recipes for Weight Loss, Detox, and Optimal Health: (Weight Loss Smoothies, Paleo Indulgences, Paleo Breakfast, Paleo Desserts, Low Carb Smoothies)**

*David Ortner*

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## **Paleo Smoothies: 50 Recipes for Weight Loss, Detox, and Optimal Health**

**Who says you can't enjoy delicious smoothies on the Paleo diet?** Bestselling Kindle author David Ortner brings you *The Paleo Smoothie Recipe Book*, where you'll find dozens of delicious, healthy recipes that are both nourishing for the body and easy to whip up in the comfort of your own home. Enjoy for breakfast, as a healthy snack or meal replacement, or to refuel after a grueling workout. Some of the yummy smoothies inside include:

- Pina Colada Green Smoothie
- Cranberry Kale Smoothie
- Berry Cashew Smoothie
- Mango Fat-Burning Smoothie
- Raspberry Detox Smoothie
- Apple Cinnamon Pie Smoothie
- And many more!

A healthy diet positively affects every part of your existence. Pick up your copy of *The Paleo Smoothie Recipe Book* today and begin your journey to a healthy, happy, well-nourished life!



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**Jackie Armstrong:**

The book untitled The Paleo Smoothie Recipe Book: 50 EASY Smoothie Recipes for Weight Loss, Detox, and Optimal Health: (Weight Loss Smoothies, Paleo Indulgences, Paleo Breakfast, Paleo Desserts, Low Carb Smoothies) contain a lot of information on the idea. The writer explains the girl idea with easy way. The language is very clear and understandable all the people, so do not really worry, you can easy to read it. The

book was authored by famous author. The author brings you in the new time of literary works. You can read this book because you can continue reading your smart phone, or model, so you can read the book within anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site in addition to order it. Have a nice go through.

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