



# Your Heart's Desire: Instructions for Creating the Life You Really Want

*Sonia Choquette*

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# **Your Heart's Desire: Instructions for Creating the Life You Really Want**

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Nationally known intuitive and spiritual leader Sonia Choquette shares the nine universal principles for creating the reality of your dreams. Step by step, with practical advice, specific exercises, and modern-day parables, she teaches readers to make the changes in thought and behavior that will lead them to the attainment of their most heartfelt desires. 256 pp. National publicity. 30,000 print.

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