



# So You've Inherited a Vegetarian...Now What?: An Omnivore's Guide to Cooking Vegetarian Meals

*Randy Graham*

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## **So You've Inherited a Vegetarian...Now What?: An Omnivore's Guide to Cooking Vegetarian Meals**

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This is an omnivore's guide to cooking for vegetarians. There are eighty-eight tried and true vegetarian recipes in the book (half are vegan). In addition to wonderful recipes, there are chapters on how vegetarians are defined, how to cook for vegetarians and how to stock the kitchen for vegetarian cooking. Full indexes including a vegan recipe index.

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